

Coaching Staff:

Pat Ferschweiler— 8 years of professional hockey experience, 20 years of hockey school experience. Pat has put Kansas City hockey on the map. Coaching his Tier II Midget team in 2004 to the Silver Sticks Championship and then leading them to 3rd in Nationals. In 2007 & 2010 his Tier I Midget team also finished 3rd at Nationals. Pat coaches the nationally ranked Russell Stover AAA Midgets.

Mike Aikens— played in the USHL and received a full scholarship to Denver University, Mike has been coaching Jr A hockey for the last 12 years in the NAHL , BCHL, and the USHL

Don Burns— a Kansas City native who is now in his 6th summer as a member of the our staff. Don is a full time coach with the Russell Stover Tier I Midget program

Jared Brown-currently plays Division I college hockey at Northern Michigan University. Jared played for the Lincoln Stars of the USHL before committing to Northern

CHP Liability Release Waiver

By having registered the person on the registration form in the program, I as a parent or guardian of the participant agree to allow the individual named herein to participate in the aforementioned activity (s), and I further agree to indemnify, and hold Centre for Hockey Performance, LLC, and all employees, instructors, volunteers and agents harmless from and against any and all liability for any personal injury, damage or loss of property by the aforementioned individual (s) arising out of, or in connection with, his / her participating in this activity.

Parent / Guardian Signature & Date

CENTRE FOR HOCKEY PERFORMANCE

SUMMER COMPLETE CAMP

CHP

camps are designed and taught by professional hockey coaches for the hockey player interested in improving his or her total game.

CHP's

unique approach is not only to teach the skills necessary to improve the player but also the speed at which the player executes these skills. Hockey is a fast paced game and gaining the skills is just a part of the entire equation. The real improvement comes when the player gains confidence and executes these skills while playing at full speed.

In each **CHP** camp emphasis, is placed on learning the skills and then executing the skills in game type situations. Additional emphasis is placed on pushing the player past his or her "playing comfort zone".

Each camp day has a scrimmage session aimed at allowing the player to employ the skills learned in a "real life" environment. Let the;

"take your game to the next level."

CENTRE FOR HOCKEY PERFORMANCE



www.thechp.com

(816) 838-3980—Pat

CENTRE FOR HOCKEY PERFORMANCE

CHP

**SKILL DEVELOPMENT
AND
ATHLETIC TRAINING**

Complete

August 9-13 Pepsi Ice

The Camp fills quickly. Camps are limited to 35 players per camp.

**All Day Camp
9:00 am — 03:30 PM**

**ON ICE TIMES MORNING AFTERNOON
9:00a-10:15 1:00p-2:15p**

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The **Complete** camp is virtually two camps in one. Each morning session will focus exclusively on power skating, with each afternoon focusing on individual skills.

COMPLETE MORNING

In this session we focus on skating technique, with the thought that practice makes permanent, but perfect practice makes perfect. Any technical flaw in a skater's stride acts as a limiting factor in how good that skater can become. Each camper will have his/her forward and backward stride videotaped, with the tape to be used as a learning tool to both highlight the positive and determine the underdeveloped parts of the campers stride.

- Forward/Backward Strides
- Explosive Starts
- Back Power Starts
- Power Turns
- Stopping
- Forward/Backward Crossovers
- Overspeed Training
- Edge Development

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COMPLETE AFTERNOON

In this session the emphasis is placed on individual puck skills. Along with the puck skills each day at least one new hockey concept or team skill will be taught. The afternoon session will also feature a daily scrimmage that will allow the camper the opportunity to practice his/her newly acquired skills.

- Stick handling
- Shooting (wrist shot, slapshot, backhand)
- Passing
- Checking/Angling
- Cycling/Puck Protection
- Positioning
- Attack Zone Triangle

SAMPLE CHP COMPLETE DAY

8:30a	Check In
9:00-10:15a	On Ice/Power skating
10:30-11:00a	Analyze Video
11:00-11:30	Lunch
11:30a-12:30p	Dryland Skills
1:00p-2:15p	On Ice/ Skill development
2:00p-3:30p	Activity

Make sure to pack your camper a healthy lunch and snacks!

BIG GAME DAY FRIDAY

Come on Friday afternoon and watch the players have a great time! "Big Game Day Friday" allows the kids to scrimmage during the afternoon and compete for the CHP Cup. One camper in each age group is awarded the Pat Ferschweiler award based on improvement and overall attitude. Guaranteed fun for all.

\$340 –Pepsi Ice



REGISTRATION FORM

(Sign Waiver on reverse side)

Player Information

Name: _____

DOB: _____ Level **SQ PW BAN MIG**

Address: _____

City: _____ State: _____ Zip _____

Parents: _____

Phone: _____

E-mail _____

Complete 2010

Pepsi Ice August 9-13 \$340

Make sure to pack your camper a healthy lunch!

Payment Information

Cash Charge Check

Amt Enclosed: \$ _____

Credit Card: (Visa, MasterCard, Discover)

Card Number _____

Exp Date: _____ VCC: _____

Signature: _____ Date: _____

Make checks payable to:

CENTRE FOR HOCKEY PERFORMANCE

P.O. Box 23037
Overland Park, KS 66283